



INDEPENDANT EXAMINATION BOARD

THA & IEB EXHIBITION 2018

THA WALKDEN – BRIDGEWATER PRIMARY SCHOOL – M38 9WD
SATURDAY 24th NOVEMBER 2018

Rules & Regulations

This event is classed as an exhibition rather than a competition, so unlike previous events we have organised it will run slightly differently. This is an exhibition of skill, for all members of THA to showcase their technique and ability, where there shall be no points system or overall winner. This gives our students a chance to experience a competitive environment and improve confidence in sparring before our IEB North Invitational in 2019.

The sparring category is open to any current member of THA including our Dojo Dragons students. They must hold a current IEB Licence Book. This is an exhibition day, therefore competitors shall be paired with an opponent that has been preselected before the day of the exhibition. Opponents shall be paired on age, belt rank, size and ability. The IEB reserve the right to change opponents on the day. Competitors shall have only one sparring fight, unless they have been paired up more than once. Each fight will have a rough start time throughout the day but shall need to be registered before registration closes at 10.30am. Full martial arts protection MUST be worn in order to compete (Head, Hand, Feet, Groin, Shin and Gum Shield). This will be provided for our Dojo Dragons students.

How The Bouts Will Run

- **DOJO DRAGON STUDENTS**

We will be running controlled matches for students of our Dojo Dragons lessons. This will provide them with a fantastic opportunity to experience getting onto the mat and having fun. It will be a very controlled environment with many breaks from the referee. It is NOT a open sparring match like the juniors and adults. The referee shall stand in between both competitors and allow moves to be thrown whilst giving guidance etc. Any shots thrown which may be considered too powerful, or not aimed at the right area shall be blocked by the referee. It gives our younger students chance to progress without the fear of being hurt. Protective gear (head, hand and shin guards) will be provided for all Dojo Dragon students to wear whilst on the mat.

- **JUNIOR & ADULT STUDENTS**

Junior and Adult bouts shall run as a continuous timed sparring match. This means fighters shall spar up until either time is called by the time judge, or the referee shouts "stop". Within the bout fighters will be able to demonstrate distance control, attacks, defence, combinations, counters and takedowns. Students in this category who do not have their own full sparring gear **NEED** to inform a member of THA prior to the day of the exhibition so we can see if we have some available to use. It is in the students best interest to have their own personal sparring gear. **ALL** junior and adult students are required to wear a gum shield, this **CAN NOT** be provided on the day as they need to be set first. Gum shields can be bought from your instructor for £3.99, or from any sports shop (Sports Direct etc).

Rules On The Mat

Each sparring bout shall be timed at 3 x 1 minute rounds, with 30 seconds rest in between. Full sparring gear must be worn including gum shield (Dojo Dragons will have gear provided). Full uniform (no t-shirts) and current belt must be worn.

All attacking moves are allowed, with the exception of knee strike and elbow strike. All strikes must be to scoring areas of the body. These are the forehead (no direct shots to the face), side of the head, solar plexus and ribs. Groin strikes are not allowed. No striking below belt height unless attempting a sweep or takedown. If a takedown attempt is successful, demonstration of dominant position on the floor should be shown. There will be no floor fighting or ground work/submissions etc, and the referee may shout "stop" before dominant position is reached.

Misconduct

When warnings are given the bout shall pause, and a fighter shall be told of their misconduct. There will be no private warnings given. Any fighter that receives 3 warnings will be disqualified when the third warning is given. If any instructor/coach has a dispute, this has to be taken up with the referee while the fight is taking place, not after the final decision is given. The referee's decision is final. If a referee suspects a fighter of 'dirty tricks' (a move carried out with the intent to harm) then the fighter will be instantly disqualified.

Photographs and Videos

For child protection purposes, on the registration form to be handed in, there will be an opt out box to tick if you **DO NOT** want anyone to take pictures or videos at the exhibition. Can you please make a member of THA aware as you are registering on the day of the event if you have opted out.

Registration

Doors open at 9.30am and registration will be up until 10.30am. Competitors arriving after this shall not be able to compete. Please make sure you have your Licence Book available at registration. Forms and fee of £10 per competitor and £5 per spectator (children under 16 free) need to be handed in no later than Sunday 18th November. We will not accept forms/fee on the day. We kindly ask that only 3 people come per competitor as we have limited space of 100 spectators.

Fight of the Day

We shall be running a "Fight of the Day" competition that will be judged by all members of the instruction and organising team. We shall be looking for the best skill, spirit and effort from the competitors. The students who win "Fight of the Day" shall be awarded a special trophy in their normal lessons.